

Coach's Dossier

Teja Safai,

Moniteur de Fleuret & Moniteur d' Epee'



He began fencing as a teenager in Hertfordshire, England under a number of English fencing masters and finally under the tutelage of Prof. David Austin. He continued my training at Aldenham Boarding School (est. 1597) in Elstree, Hertfordshire and made the school team in 1973, competing in a number of regional and national championships and European Youth Circuits in Amsterdam and Brussels, with a number of 2nd and 3rd placements.

Acquiring a bronze ranking in Epee, silver ranking in Foil and Gold in fencing by British Amateur Fencing Association. In 1978, I he was a contender for the Persian National Fencing Team to the 1980 Moscow Olympics but missed making the squad by one loss. As it turned out the 1980 Olympics was boycotted by most nations due to the Soviet occupation of Afghanistan in 1979.

However, he maintained his place in the Imperial Iranian Armed Forces Team.

His subsequent Fencing exposure and experience are as follows:

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| 1977-78 | Valley Forge Military College Fencing Team |
| 1977-79 | I.I.Navy Fencing Team |
| 1989-Present | Coaching youth and adult beginner, intermediate and advanced fencers in Foil, Epee' and Sabre |
| 2013 @ 2017 | Personal Fencing and a National event Coach to two prominent members of two Middle Eastern Royal Houses. |
| 2013 | Sent a participant to the "London Open Championships" |
| 2015-2019 | Coached and lead teams to US National Championships and the US Junior Olympics |
| 2017-2020 | Coach, Department of Recreation and Parks, Howard County, Maryland, |

2019 Veteran '60 US National Championships Sabre Competitor

Memberships:

US Fencing Coaches Association (USFCA)

USA Fencing Association, Professional Member, (USFA)

British Fencing Association (BFA)

British Amateur Fencing Association (AFA)

Awards and Certifications:

1975 Foil and Epee' Bronze Standard (AFA)

1976 Foil and Sabre Silver Standard (AFA)

1976 Sabre Gold Standard (AFA)

1978 US Presidential Sports Award, (James Carter, President)

2014 US Fencing Coaches Association;

- Moniteur de Fleuret
- Moniteur d' Epee'

2014 Academie D'Armes Internationale (International Academy of Arms)

- International Certification
- Moniteur de Fleuret
- Moniteur d' Epee'

2017-2019 National Federation of State High School Associations Certificate:

- Fundamentals of Coaching
- Red Cross, First Aid, Health and Safety
- Concussion in Sports
- Sportsmanship
- Engaging Effectively with Parents

2019 Oct. 29th Howard County, Maryland, Annual Good Sports Coaches Award

